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| Food: | Bolognese Sauce |

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| Suggested Brands | Size / Weight (g) | Number of Calories  (Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price  (£0.00) |
| Homemade Pasta Sauce | 400 | 72 | 0 | 6 | 0.34 |
| Mr Organic Bolognese | 350 | 126 | 0.4 | 17.9 | 2.49 |
| Morrisons Savers Pasta Sauce | 440 | 154 | 0.4 | 20.7 | 0.42 |
| ASDA Calorie Counted Bolognese | 500 | 165 | 0.3 | 31.5 | 0.75 |
| Tesco No Added Sugar Bolognese | 500 | 171.5 | 0.3 | 27 | 0.65 |
| ASDA Extra Special Bolognese | 340 | 173.4 | 1.0 | 18.4 | 1.09 |
| ASDA Bolognese Pasta Sauce | 500 | 175 | 1.0 | 29.5 | 0.64 |
| ASDA Smart Price Bolognese | 440 | 176 | 0.4 | 33.4 | 0.39 |
| Morrison’s Bolognese Sauce | 500 | 180 | 0.5 | 28 | 0.83 |
| Tesco Bolognese Pasta Sauce | 500 | 204.5 | 0.3 | 33 | 0.65 |
| Dolmio Bolognese Pasta Sauce | 500 | 225 | 0.5 | 39.5 | 1.75 |
| Homepride Bolognese Cooking Sauce | 485 | 229.5 | 0.2 | 39.2 | 1.50 |
| Seeds Of Change Bolognese Organic | 500 | 230 | 1.0 | 36.5 | 2.40 |
| Loyd Grossman Bolognese Pasta Sauce | 425 | 233.8 | 1.3 | 25.9 | 1.98 |
| Ragu Original Smooth Bolognese | 650 | 312 | 0.3 | 65.7 | 2.69 |
| Waitrose suggo alla Bolognese | 555 | 455.1 | 5.0 | 27.2 | 2.80 |

* Values Shown Per Full Jar

Supermarkets Tested

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| ASDA | Tesco | Morrisons | Sainsburys | Waitrose | Able & Cole | ICELAND |
| YES | YES | YES | YES | YES | YES | YES |

*N/A Indicates Either Nutrition Information Not Available on the Company’s Website or the Company Doesn’t Supply This Brand*